

FROM THE MANAGEMENT The Quarry Pond

Fishing by all village residents is allowed. The management company has received a blanket license for all unit owners and has stocked the pond with trout. We have a catch and release policy and non-destructive, barbless hooks are recommended.

It has been reported that non-residents have been observed fishing at the pond. The trespassers were observed carrying away their catch. This is a violation of Massachusetts Fish and Game Law and a trespass of our private property. If this behavior is observed in the future, the Westford Police are to be notified and the appropriate penalties will be applied.

If you don't fish and are interested in observing the trout thrive, Purina makes a "Trout Chow" that can be thrown onto the pond. A healthy trout is a happy trout.



Linda Anzivino and friend enjoying a relaxing afternoon at the Quarry

WELCOME!

The current owners would like to welcome the new arrivals to The Village at Stone Ridge. During the month of June, the following will be moving in:

At 9 Stone Ridge Road
Frank and Joyce Minosh

At 13 Stone Ridge Road
Fred and Ana Prip

At 13 Sandstone Road
Jean Einarson



GOVERNMENT AFFAIRS The Builder Committee

by Paul Currier

The Builder Committee held its initial meeting Tuesday night, April 27, 2004. Attending the meeting were Paul Currier of 5 Sandstone, Ed Dziadzio of 3 Sandstone, Doug Craib of 28 Stone Ridge, Robert and Jackie O'Keefe of 20 Stone Ridge and Gail Rawnsley of 55 Stone Ridge.

Doug Craib volunteered to chair the committee and we agreed to adopt the "Builder Committee" name. We also reviewed and modified our role/responsibilities. Included in our committee charter will be:

- To serve as liaison to the builder.
- Determine important and essential documents to be obtained from the builder and decide how to store them.
- Identify procedures relative to builder's "1 year" warrantee and other long term post-transition commitments and liabilities.
- Support the Legal Committee and others to document the process of property transition/acceptance to unit owner's Association.
- Understand the builder's commitment on all common property items to be completed.
- Investigate and understand water agreements and obligations with the Town of Tyngsborough.

At our last Steering Committee meeting, we agreed the next step was to meet with the committee chairs and review committee roles and responsibilities.

The Social/Clubhouse Committee

by Donna Hudon



The first meeting of the Social/ Clubhouse Committee was held on Thursday, May 20, 2004. The first order of business was to install a chairperson, a vote was taken and I was elected to chair the committee.

We went through a list of duties and responsibilities that our committee will be attending to, in order to avoid duplication of attentions by other committees.

The longest journey begins with the first step and The Village at Stone Ridge is well on it's way.

SOCIAL/CLUBHOUSE COMMITTEE

Chair: Donna Hudon

Sub-Committees

Communications: Richard and Nany Diaz, Tom West

Sharing/Caring: Joan Roy, Sarah Reynolds

Health Club: Jayne Currier, Linda Anzivino

Interior/Exterior: Dominic Defronzo, Louise Theofilos

Special Events: Donna Hudon, June Halio,
Diana Rexach, Pat Stacey, Joan Roy, Jackie O'Keefe

Financial: Donna Hudon, Joe and Linda Pierro,
Ruthanne Fisher

The next meeting of the Social/Clubhouse Committee will be Thursday, June 17th, 7:00 pm in the Clubhouse Library.

GETTING FIT AT VSR



In this ever-changing world of fad diets, nutrition and physical activity there is one thing that remains consistent and that is the rewards of exercise. Whether you are 5 or 75 the benefits of exercise are limitless. Taking care of health is even more important as we age, to help prevent against heart disease, diabetes and osteoporosis. If you have ever been told by your doctor that you have high blood pressure, high cholesterol, the beginnings of osteoporosis, arthritis, asthma, diabetes or worse; you have good reason to start exercising.

We are privileged to have a beautiful, well equipped gym at the clubhouse, why not take advantage of the convenience of having a gym so close to home.

If you are new to the Village at Stone Ridge or have never used the health club and would like to have a better understanding of the gym equipment and weekly lessons, come for a visit during a regularly scheduled class.

Come and join in the group. Fitness classes are offered to all unit owners, 5 days a week, taught by qualified instructors. Private training is also available for a fee. Take advantage of this owner benefit!! If you think you don't need to exercise or loose weight, don't forget that your heart and lungs need exercise even if you don't. No one will prevent disease more effectively than you. Don't wait to make it a priority, health at any age is a terrible thing to waste!



-Sharon Barlow, Instructor



LETTER FROM THE EDITOR

My wife Nany and I have been faithfully attending the Clubhouse meetings every Thursday night.

We really enjoy the gatherings with a few regulars like us, talking about anything that comes to mind. We have a few laughs and sometimes we have some serious conversations.

What we like most, of all of these weekly get togethers, is that we always get home with some value information. For example, back at the end of March we found out how to close the fireplace pilot light, which, in this issue, Lois Frampton writes, in fine detail, in the column "Things to do Around your Unit".

Also, a couple of weeks ago, when it suddenly got hot, I decided to turn on the air conditioner. It was too hot and I couldn't stand it anymore. A few minutes later it felt cool (psychologically speaking). Thinking it was on, I began to relax...wrong! It wasn't until later that evening that I was still hot and realized that the AC was not working at all and assumed it was broken. When it was mentioned at the Clubhouse about the AC circuit breaker being off, I realized that the simplest solutions are always applied first. So I turned it on . . . It hasn't been hot since.

A few weeks ago at the gathering, the big amusement was toilets, toilets and toilets. Clogged toilets, broken toilets and not so amusing hot water toilets. Stories that we all have heard from one neighbor or the other, and going from a nuisance to a laughing matter.

I have to say, I really look forward to Thursday's meeting, in addition to getting me out of the house I get together with my neighbors and at times meet new people.

Come and join us on Thursdays. Who knows...maybe you also have a toilet story you can share with us.

See you there!

-Richard Diaz

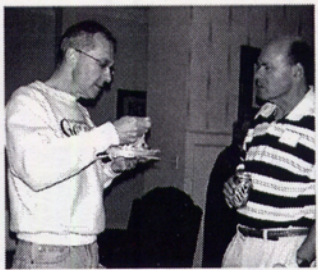
Fitness Classes Schedule at the Clubhouse Gym

Mondays.....10:30 a.m.Body Toning*
Tuesdays5:00 p.m.Back to Basics
Wednesdays.....No Classes
Thursdays9:30 a.m.Circuit Training
Fridays10:30 a.m.Yogalates
Saturdays.....9:00 a.m.....Gentle Yoga

* The time for Body Toning may be earlier for the summer. New time will posted on the mail room and gym bulletin board.



Great job Donna Hudson!



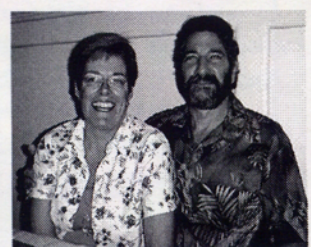
The Gang



Thanks to the Chef, Dominic Defronzo



George and George



Assistant to the Chef



The prize winner, Georgette





Simply Social...

By Donna Hudon

Thanks to everyone who contributed and attended the "Cookout" on Saturday, May 22nd. Even though the weather wasn't so sunny, it didn't dampen the spirits of the 50 + residents who joined in the festivities of the afternoon.

The Social Committee has been meeting and there are many ideas for the months ahead including the "Stone Ridge Arts Festival" to be held in the fall. The evening will feature some of the very talented residents whose hobbies include painting, photography, quilting and more. Details will follow.

We are planning a trip to the Stonehedge Inn for "Tea" on Tuesday, June 15th at 2:30 pm. A "sign-up" sheet will be posted on the bulletin board with more information.

July 3rd is "Pops and Crackers" night at the clubhouse!! Stay tuned.

Enjoy your day!



CLUB HOUSE BOOKINGS

| | | |
|-----------------------|-------|------------------------|
| June 5 th | | 12:00 p.m. - 6:00 p.m. |
| June 13 th | | 12:00 p.m. - 6:00 p.m. |
| July 3 rd | | 5:00 p.m. - 11:00 p.m. |
| July 4 th | | 5:00 p.m. - 11:00 p.m. |

THINGS TO DO AROUND YOUR UNIT

by *Loise Frampton*

You can turn off the pilot light in your fireplace for the summer. This will save some gas and eliminate the heat caused by the pilot. Open the vent beneath the fireplace glass by locating and squeezing the two levers under the metal bar directly below the glass on each end.



Instructions for lighting and turning off the pilot are printed on a metal sheet stored in this compartment. Make sure you are comfortable with the lighting instructions before you turn off the pilot.

Your furnace/air handler has a 16"x25"x1" filter that requires periodic replacement in order for the air to flow properly. It is located on the right hand side of the bottom compartment which opens on the side of the unit that says "Rheem".

How often you need to replace it, depends on the quality of the filter and how heavily you use your air conditioner. A pleated filter such as the one made by Air Handler should be changed twice during the heating season and twice during the cooling season (once if air conditioner is used infrequently). A flat fiberglass filter will need to be changed more frequently.

TIPS OF THE MONTH

Cooking Tip

by *Loise Theofilos*

Going out tonight and you've been cooking all the day cutting garlic and onions? Hmm... that lovely smell in your hands...

Here's a tip for you. Next time you cut onions or garlic, rub your hands and fingers against the metal of the faucet and the odor will disappear immediately. If this works, you can feel confident at the Opera or Symphony. Don't worry about the garlic and onion odors if you're going out to an Indian, Mexican or Italian restaurant. The odor of spices, in this type of establishment, is part of their charm.



Mosquito Repellent

by *Nany Diaz*

Summer is almost here and so are the mosquitos. To repel mosquitos when you don't have any repellent candles or sprays, get a sheet of "Bounce" fabric softner. Yes, the same sheets you throw in the drier. Rub the sheet on your arms and legs and the mosquitos will stay away. In addition to being mosquito free, you will feel soft and smelling good!



THE LAST WORD

Honesty is better late than never.

My son Zachary, 4, came screaming out of the bathroom to tell me he'd dropped his toothbrush in the toilet. So I fished it out and threw it in the garbage. Zachary stood there thinking for a moment, then ran to my bathroom and came out with my toothbrush. He held it up and said with a charming little smile, "We better throw this one out too then, 'cause it fell in the toilet a few days ago."

-Sent by *Gabriella DiPrizio*

Ad Space Available

The Communications Sub Committee has authorized the sale of advertising space in the newsletter. Space will be sold to unit owners on a priority basis and then to approved vendors. For more information please call: 978-692-0648 or e-mail stoneridge14@comcast.net

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The Quarry Bulletin is a monthly newsletter to keep you informed of any events and information for The Village at Stone Ridge. Contributor writers please send copy e-mail to: stoneridge14@comcast.net or direct mail to: 14 Stone Ridge, Westford, MA 01886.