



*The Village at Stone Ridge*

# THE QUARRY BULLETIN

VOLUME 6

ISSUE SEPTEMBER/OCTOBER 2009

## ***We Do It Every Year – We Meet, We Report, and We Elect***

*And that's what Village residents will do at the Clubhouse on Wednesday, September 30th at our 2009 Annual Meeting. Since all residents have received the letters from our Trustees (dated July 17 and August 28) announcing the details of this event, repeating them here is unnecessary.*

*We will elect a new Board of Trustees. This year two positions are to be filled, each for three-year terms. The three-year terms currently held by Bill Nussbum and Eli Demetri will expire and will become new three-year terms.*

*Nominations of candidates for these positions opened on July 26 and closed on August 19. Our Election Commission Chair Barbara Leary has announced that David Auld, Frank Bashore, and Bill Townsend have accepted their nominations. And we heard each of them speak on Candidates Question and Answer Night on Thursday, September 3. At the bottom of this page are pictures of the three candidates, and their biographical sketches are on pages 2 and 3.*

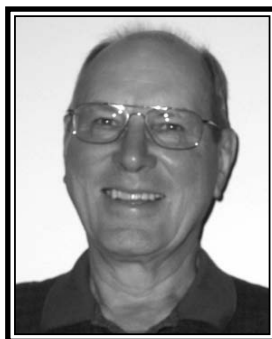
*Ballots listing the candidates and requesting we vote for two of them were mailed to every unit owner of record on August 31, and we are asked to cast our votes with Paul Okonak at Great North Property Management by returning the ballot using the self-addressed stamped envelope enclosed with the letter. This should be done before September 30, or ballots can be cast at the Annual Meeting where they will be collected in a sealed voting box, after which the box will be delivered to Great North for vote tallying. The results will be announced by October 7.*

*Interestingly, our Election Commission Chair Barbara Leary reports that 21 residents were nominated. Many of those nominated declined because they are already performing important jobs for our Village and wish to continue in those capacities.*

*We certainly thank David, Frank, and Bill for agreeing to run for election. And we thank outgoing Trustees Bill and Eli who have served us so well over the years.*



***David Auld***



***Frank Bashore***



***Bill Townsend***

## CANDIDATES' BIOGRAPHIES



**David Auld**  
**6 Landview Road**

My wife, Loretta, and I began looking for a place to live in our retirement years in 2003 and were delighted to find the Village of Stone Ridge in 2004. We had not experienced condominium living before but felt the friendly atmosphere upon our first visits. We have come to enjoy not only the beauty of the place as one drives through it at anytime of the year but more importantly the sense of community and spirit of cooperation that prevails here. If elected I will try to the best of my ability to preserve the high standards established for the management of the operations and the sense of community at the Village.

My childhood years were spent on a large Guernsey farm (about 2000 head of cattle) where my father was head herdsman. Since farming was changing rapidly I pursued my education at Lehigh University where I majored in chemistry and chemical engineering, receiving my BA in 1960 and my MS in 1962. Since I liked the chemistry part the best I continued my post graduate studies at Cornell University in organic and bio-organic chemistry. Loretta and I were married in 1961 and our young family had to do a lot traveling early on since my professor at Cornell decided to take a position at the University of Santa Barbara in California in 1964 and I completed my research there, obtaining my Ph D from Cornell in 1966. We then headed to Boston where I did a postdoctoral fellowship at Harvard University in Biochemistry and then accepted an academic appointment in the Department of Biological Chemistry at Harvard Medical School to do research on enzymes and zinc biochemistry.

My research led me to interact with medical doctors, biologists, chemists and physicists. The lab at Harvard was a large one having about ten senior staff and about 5 dozen post doctoral fellows coming from a wide range of expertise and countries. I served as a director and clerk for the Endowment in Research in Human Biology at HMS from 1986-2003. Since I am now Emeritus at Harvard Medical School I have more free time to devote to other activities. I still serve on the Board of Tutors in the Biosciences at the University meeting individually with about 8 undergraduates every two weeks throughout their last 3 years at Harvard. During the last 30 plus years I have also had the pleasure of serving in a number of different ways at our church in Lexington, Grace Chapel.

I have served on and chaired the Boards of Trustees, Church Council and Overseeing Elders. These varied activities have led me to interact with people of many different nationalities and professions. One constant in all my research, teaching and service opportunities has been the joy of working with people.



**Frank Bashore**  
**11 Gatecrest Road**

I have recently retired from the microwave electronics industry where I worked for the past 40 years primarily in engineering and manufacturing management positions. My most recent position was as technical editor of the industry's premier technical publication, the Microwave Journal.

I have held managerial positions with Loral, M/A-COM and several smaller microwave component companies. Currently I'm a member of the Board of Directors of Massachusetts Citizens for Children.

I graduated with a BSEE degree from Newark College of Engineering, now the New Jersey Institute of Technology.

Peggy, my wife of 51 years, and I lived in Chelmsford for 34 years, but are now happily situated in a simpler life at 11 Gatecrest Rd in this beautiful village. The Bashores have one daughter, four grandchildren, and one great granddaughter. I enjoy golf, hiking, cycling and fresh-water fishing.

I am currently a member of the VSR Water and Sewer Committee, Irrigation and Trails committees, and an active member of the Westford Conservation Trust.

If elected, I hope to take an active role in preserving VSR as the top-of-the-line community our previous trustees have so discerningly maintained since our inception.

***For a VSR Trustee, a sense of humor is surely important, and our three candidates all passed the test on Thursday Sept 3 when 58 residents assembled in the clubhouse to hear them speak. We were given an enlightening glimpse of each of these outstanding candidates and their qualifications, and even though it will be a difficult choice, please VOTE.***



**Bill Townsend**  
**20 Sandstone Road**

Paula and I moved to VSR in April 2004 and have enjoyed being part of this wonderful community. I retired from National Grid after working there for 35+ years, mostly in accounting and finance.

Outside of VSR, I am Treasurer at our church and am active in the Lake Association in Fitzwilliam, NH where we have a summer camp.

Here at VSR, I have been a member of the Finance and Budget Committee from inception. Also, I am a member of the Waste Water Treatment Plant Committee and since August 2006 have been Chairman of the Property Management Committee. This makes for a very busy, but enjoyable and rewarding experience.

Due to the many resident volunteers who have shared their varied and considerable talents, VSR has benefited both financially and administratively since its beginning. I share this enthusiasm and, with your support, will gladly continue to take an active role as a member of the Board of Trustees.

**VSR TRUSTEE  
CARLENE CRAIB  
HONORED NATIONALLY**

*An article in the Sept. 3 Westford Eagle reported the following (verbatim):*



Retired Westford Academy Latin teacher Carlene Craib recently received a Merita Award from the American Classical League (ACL) for "distinguished service to ACL and the classics profession." Presented at the annual ACL Institute held this year in Los

Angeles, the citation accompanying the Award read as follows:

This Merita Award honoree has been in the teaching profession for more than 27 years at the middle, high school, and university levels. The last 23 years she was a teacher of students of Latin as well as Foreign Language Curriculum Coordinator for Westford Public Schools, a cooperating teacher, mentor, and friend for many student and beginning teachers, who learned from her the best practices of our profession. This consummate professional is articulate, diplomatic, driven, caring, and compassionate. She encourages students to excel at all levels of ability and infuses every lesson with cultural exploration so students are enthralled with their learning.

... Through her leadership and selfless dedication, she has contributed unrelentingly to the field of classics. She has encouraged and inspired students and teachers alike. With her guidance, the ranks of superior Latin teachers have swelled.

**FLAG ETIQUETTE**

*Submitted by Louise O'Donnell*

According to federal guidelines, the following are the rules for flying our American flag:

1. The flag should be flown at half-staff on the following days:  
Peace Officers Memorial Day . . . . . May 15  
Memorial Day  
(half-staff until noon) . . . . . last Monday in May  
Patriot's Day . . . . . September 11  
National Pearl Harbor  
Remembrance Day . . . . . December 7

And other days as may be proclaimed by the President of the United States; the birthdays and states (date of admission); and other state holidays.

2. In case of deaths, as mandated by the President of the United States or Governor of the state.
3. The flag can be flown every day from sunrise to sunset, and at night if illuminated properly.

For more information visit [www.vfw.org](http://www.vfw.org)

*Welcome*

Our warm welcome to our new neighbors

**Norm and Nancy Swanson**  
1 Rockwell Road

## FIELD TRIP TO FRANK LLOYD WRIGHT HOUSE

by *Joyce Minosh*

Last month the Village of Stone Ridge Book Club read *Loving Frank*. On Friday, July 31st we had a "field trip" and 12 of us visited the Frank Lloyd Wright house in Manchester, NH. The Zimmerman House is located in the north end of Manchester; it's a usonian house designed in 1950 for Dr. Isadore and Lucille Zimmerman. The tour was operated by the Currier Museum of Art. Following the tour we had a wonderful lunch at Fratello's in the old Manchester Mills. [www.fratellos.com](http://www.fratellos.com) A good time was had by all. This is a photo of the group next to the house. To learn more about the Zimmerman House and the Currier Museum, please visit their website at [www.currier.org/collections/zimmerman.aspx](http://www.currier.org/collections/zimmerman.aspx)



PHOTO: JOYCE MINOSH

## WHY, WHY, WHY

Submitted by *Bob Eddy*

**Why** do we press harder on a remote control when we know the batteries are almost dead?

**Why** doesn't Tarzan have a beard?

**Why** do people constantly return to the refrigerator with hopes that something new to eat will have materialized?

**Why** is it that no plastic bag will open from the end that you first try?

**Why** do we never hear father-in-law jokes?

**Why** is there never a day that mattresses are not on sale?

**Why** do people keep running over a string a dozen times with their vacuum cleaner, then reach down, pick it up, examine it, then put it down to give the vacuum one more chance?

**Why** does someone believe you when you say there are four billion stars, but they have to check when you say the paint is still wet?

**Why** are there still apes if people evolved from apes?

## REMOTE COMPUTER SUPPORT

by *Richard Diaz*

Stepping into the world of computers at an advanced age is like traveling to a strange country where the language, customs and ideas are a complete mystery to you. If you're unwilling to learn these new essentials you will need to seek help. Hiring a company to come and maintain your machine can be very, very expensive. Not only that, but you don't know anything about the "technicians" you have invited into your home.

I have personally discovered an option that is very affordable: hiring a technician who will work on your computer from a long distance away. I found this kind of workman by accident, but what he did for my computer was no accident, and all this happened from his office in Redmond, Washington at a reasonable price.

My first conversation with Steve Longmire was about medicine, illness and responses. Steve's perspective was from a first responder and emergency management on a large scale. It was a rewarding conversation, hindered by my complaints about how slow my computer was in responding to my commands. This got Steve's attention and he offered to help. I asked a few more questions. Since he gave me correct and accurate answers, I began following his instructions. Before I knew it he had connected into my hard drive via software available on the internet and he was off and running.

In the end he tripled my machine's speed, eliminated software that had been loaded on my hard drive that I didn't need (or want) and freed valuable memory space that I didn't know I was using. All for a price of \$75.00 .. was it worth it? I have to say unequivocally yes because he also told me where and how my computer was lacking, and he prolonged the life of my system by about a year, maybe two.

If you need some help with your computer, Steve can be contacted in a couple of different ways. His telephone number is 425-328-3408 or you can email him at [steven@stevenlongmire.com](mailto:steven@stevenlongmire.com). Even though you may not need help now, I suggest you put this information in your Village Directory. You never know when you might need some help from Redmond, Washington.



## DROP-IN COFFEE

This delightful just-right-temperature Saturday morning drop-in coffee at the Clubhouse attracted a lot of VSR'ers with smiling faces, and yes the sun was out on this first day of August. Having this on a Saturday rather than a Sunday seemed to please many of our residents, so this will be kept in mind when planning future morning events.

There was lots of chit-chat, some about the collapsing section of the glass & steel roof on the Butterfly Place and all the escaping butterflies that some of us saw. But the highlight of the morning was meeting our new neighbors – Larry and Barbara Tobiason (12 Stone Ridge). These affable folks comfortably melded right into our breakfast group, and we hope to see them often at our social functions.

# KARAOKE!

## NO. 5

Skip Giles has an incredible passion for karaoke, and since we all feed off of his enthusiasm, get ready for another big night on the **14th of November**. Circle it in red on your calendar.

## BRIDGE ANYONE?



A number of residents have expressed their desire to learn how to play bridge, and they missed the first series Joyce Minosh taught last spring. Joyce has graciously offered to begin a new series of lessons (10 in all) for beginners. She plans to start this new series on October 12th at 10 am. If you are interested please email Joyce at [WestfordConnection@aol.com](mailto:WestfordConnection@aol.com), or put your name on the sign-up sheet that's on the bulletin board.

## FALLING FOR FOOD FAKERS

Trail mix, dried fruit, and granola all sound like diet-friendly treats, right? WRONG! These and other food fakers have wrecked many a diet. They may be healthy, but for people who count calories and fat, the stats in these add up way too quickly. That's why you absolutely need to check food labels before putting anything in your mouth. If you look at the nutritionals on that bag of trail mix, you'll see that 1 cup packs in around 700 calories, 45 grams of fat, and 67 carbs.



## VSR BOOK CLUB NEWS

by *Dianne Marston*

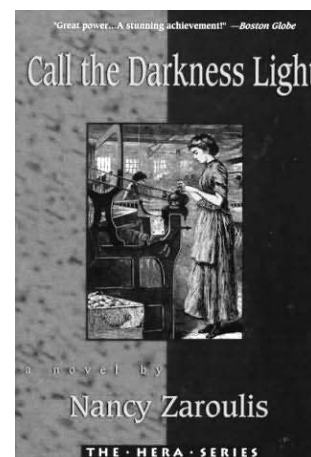
The recent book club meeting on August 6 was a very special gathering with a larger than usual turnout. We were happy to welcome some newcomers and extend the invitation to come again! We met to discuss the novel *Still Alice*, by Lisa Genova. The author's aunt, Rose O'Donnell, who is Louise O'Donnell's sister-in-law, was the special invited guest. A dynamic woman, she added a wonderful dimension to our discussion. Rose shed light on Alzheimer's and what it is like to live with and watch a relative deal with this disease. Her perspective was particularly valuable and provoked much thoughtful discussion. We were very grateful to Louise for inviting her and to Rose for joining us!

Our next meeting will be held on September 17 when we will be discussing *Ahab's Wife* by Sena Jeter Naslund. This beautifully written historical novel takes place in the mid-1800's in New England. This is

an intense and powerfully written story. Una, the main character, is intellectually curious, sensitive, imaginative, and kind. This lengthy book is engrossing, packed with heartbreaking struggles, and is truly an absorbing reading adventure.

The book to be discussed on October 29 is *Call the Darkness Light* by Nancy Zaroulis. This is "a vivid and sweeping novel about the life of a female mill worker in industrial Lowell, MA in the mid-19th century" (from Publishers Weekly) This historical novel gives an excellent and moving description of early New England life. It has been highly recommended by numerous people.

(Thanks to Cathy Shreve for her input on the August meeting!)



## VSR WILDLIFE - NEW SIGHTINGS

We continue to make interesting observations of wildlife here in our Village. Just heard about the VSR hawk (type not identified). The Aulds report that he has previously lunched on chipmunks, but is now swooping up innocent little birds for his noontime meal. Shame shame! Nature can at times be so mean. Let's point him to those seemingly ubiquitous house sparrows.

Wish you could have seen the vivid color of these bluebirds that raised a family in the special Audubon bluebird house in the Hubbard's back yard. And this was a really big deer grazing in the back between Ruth Ann Dillon and Nany Diaz's condos.

Don and Cathy Shreve have been keeping an eye on a Broad-Shouldered Hawk(?) that has posted himself in a tree close to their deck probably watching for food (see photo). (Is he perhaps Auld's VSR hawk?) They also observed a "kettle" of some 40 migrating

Common Nighthawks in flight collecting insects preparing for their journey south.

We do enjoy our wildlife here in VSR so please keep us informed of new sightings.



PHOTOS: RONI HUBBARD



PHOTO: CATHY SHREVE



### BETCHA DIDN'T KNOW THAT . . .

- You should take your bananas apart when you get them home from the store. If you leave them connected at the stem, they ripen faster.
- Peppers with three bumps on the bottom are sweeter and better for eating raw. Peppers with four bumps on the bottom are firmer and better for cooking.
- To devil eggs put cooked egg yolks in a zip-lock bag. Seal. Mash until they are all broken up. Add remaining ingredients, reseal, keep mashing and mixing thoroughly. Cut the tip end of the baggy and squeeze mixture into eggs. When finished, toss away bag.

### THE WORLD ACCORDING TO COMEDIAN STEPHEN WRIGHT

- The early bird may get the worm, but the second mouse gets the cheese.
- A conclusion is the place where you got tired of thinking.
- To steal ideas from one person is plagiarism; to steal from many is research.
- If at first you don't succeed, destroy all evidence that you tried.
- If your car could travel at the speed of light, would your headlights work?
- The problem with the gene pool is that there is no lifeguard.



## LAZY DAZY DAYS OF SUMMER'S LAST HURRAH

Labor Day is traditionally associated with grilling hot dogs and hamburgers, and Dom and Peter were right on tap to make sure we got our fill. And we also had steaming hot corn on the cob plus the usual full array of tasty salads, fruits, pastas, and desserts that our Villagers bring. We are indeed well fed at VSR.

Some 60 joined us for our cookout on the 7th to celebrate this unofficial end of summer. Good to see some familiar faces returning after their sojourns to summer homes and vacations. And we got to visit with our newest neighbors – Norm and Nancy Swanson (1 Rockwell Rd).

We had a delightful day, perfect weather with just-right temperatures, and the day ended with what many of us prize – friends and neighbors sitting around the patio talking and laughing until after 4:00 o'clock.



# ABSOLUTELY SOCIAL



*by Ruthann Fisher  
&  
Dorothy Moran  
Co-chairs*

Our Saturday “drop-in coffee” was well attended in August. We learned that we should hold these popular events on Saturdays as well as Sundays, so look forward to this happening in the future.

By the time you read this, we will have already celebrated our traditional end-of-the-summer Labor Day cookout. We certainly enjoyed seeing all those people who've been away, and of course the food and camaraderie was unmatched.

Our plan for October is to have a “Tex-Mex” night on Saturday evening the 17th. Watch the bulletin board for additional information.

Skip's annual Karaoke Night will be Saturday, November 14th. Our Village Holiday party is scheduled for Saturday, December 12th, and we'll ring in the New Year on Thursday, December 31st.

Our Social Committee meeting is held on the second Monday of each month at 7 pm. All are welcome to join us at the Clubhouse.

## ADVICE FROM AN OLD MOUNTAIN MAN

- Life is simple when you plow around the stump.
- Words that sink into your ears are whispered, not yelled.
- Forgive your enemies; it messes up their heads.
- Do not corner something that you know is meaner than you.
- It don't take a very big person to carry a grudge.
- You cannot unsay a cruel or unkind word.
- If you find yourself in a hole, the first thing to do is stop diggin'!
- Sometimes you get, and sometimes you get got.
- Always drink upsteam from the herd.
- Keep skunks and bankers and lawyers at a distance.
- Lettin' the cat outta the bag is a whole lot easier that puttin' it back in.

## SPECIAL GRANDCHILDREN ISSUE OF QUARRY BULLETIN

Pictures have begun to come in, and this will surely be a wonderfully happy issue of the Bulletin filled with all your beautiful grandchildren. Even though we do have some lead time, don't lose out by waiting too long to get your photos to us. Keep them coming. Digitals are easiest for us (send them to [ss.chambers@comcast.net](mailto:ss.chambers@comcast.net)). And 35mm prints are perfectly ok too. Deliver prints to 7 Sandstone. We will see that you get your prints back if you request same. A brief bragging blurb about your grands and greatgrands will be welcome too.

## WHAT DRYER SHEETS DO TO YOUR CLOTHES DRYER

*by Shirley Chambers*

When you clean the lint from the dryer filter after you've dried a load of clothes, take that filter screen over to the sink and run hot water over it. You'll see that the hot water just sits on top of the mesh - doesn't go through it at all. The dryer sheets produce a film over that mesh - that's what burns out the heating unit.

You can't see the film, but it's there. It's what is in the dryer sheets to make your clothes soft and static free. You know how the sheets can feel waxy when you take them out of the box - well this stuff builds up on your clothes and on your lint screen. This is also what causes dryer units to start a fire. The best way to keep your dryer working for a very long time (and to keep your electric bill lower) is to take that filter out and wash it with hot soapy water and an old toothbrush at least every six months, but more often is better.

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The Quarry Bulletin is a Bi-monthly newsletter to keep you informed of any events and information for The Village at Stone Ridge.

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