



*The Village at Stone Ridge*

# THE QUARRY BULLETIN

VOLUME 7

ISSUE JULY/AUGUST 2010

## ***IT'S TRUSTEE ELECTION TIME AGAIN***

*by Shirley Chambers*

*O*ur success as a top-rated condo association has been largely the result of the strong and competent leadership we've had from our inception. We need to continue on this course by finding and electing people who display these leadership skills to serve as trustees. Unfortunately, just finding such people is not enough; they must be willing and able to serve. If you feel that you have the necessary requirements, we strongly urge you to let us throw your hat in the ring. This is an important decision not only for you personally but also for the community at large. The newly elected trustees will play a significant part in helping to keep VSR on the straight and narrow for the next three years. Look at an agenda for a Trustee Board meeting and you will see the kinds of tasks and decisions they are required to handle on a continuing basis. Remember, the Board runs the show and has the fiduciary responsibility for doing so.

*This year two Board of Trustee positions for three-year terms are open, those currently held by Tom Barry and Ron Caterino. Neither Tom nor Ron intend to run for re-election this year.*

*Barbara Leary has again agreed to serve as our Election Commission Chair. Nominations should go to her (at 978-692-8631 or [barbara.a.leary@comcast.net](mailto:barbara.a.leary@comcast.net)) or to Great North on or before August 16th. Those who have accepted their nominations will have an opportunity to "present" themselves to us on Candidate's Night on September 2.*

*Ballots will be mailed to residents and these must be cast before or at VSR's Annual Meeting to be held on September 29. We shall be given the election results by October 6.*



***AT OUR CLUBHOUSE***

***CANDIDATE'S NIGHT ON SEPTEMBER 2***

***ANNUAL MEETING ON SEPTEMBER 29***

## IDEAL WEATHER PREVAILS FOR MEMORIAL DAY OBSERVANCE AT VSR



May 31st was a bright sunny day, with only a slight haze from the forest fires in Canada, allowing our Villagers to celebrate Memorial Day outdoors at our clubhouse. Thanks go to Nick Johnson for giving us background on how Memorial Day came about and for making a nice tribute to Harry O'Donnell. After a moment of silence, Frank Bashore raised the flag to full mast, and Nick led us in singing God Bless America.

With sixty six people attending the cookout, conversations were lively and laughter abundant. Villagers brought a wide variety of scrumptious main dishes and desserts, and all were devoured joyfully. Dom and Peter were once again our excellent Grill Chefs serving up beef and turkey burgers and hot dogs. Thanks to those who helped with setup and cleanup so that all, including Social Committee members, could enjoy the time to connect with neighbors old and new. It was indeed an all-around good day.



PHOTOS: NANY DIAZ

## IXNAY AMSCRAY BEARS

Another bear sighting, and so close to our Village is a bit scary. Residents living in the red house on Tyngsboro Rd. near our entrance (Joan Roy's former home) reported seeing a bear in their backyard. This is just too close for comfort. If you're putting seed out for the birds this summer, you're doing it for your own entertainment. The birds will have no trouble finding food for themselves in the good weather, so please don't. The seed is attracting the bears.



## WE SAY FAREWELL TO RUTHANN AND KEN FISHER

Residents gathered at the clubhouse on June 10 to say farewell to the Fishers. Such a loss to our Village! They certainly left deep footprints at VSR. Ruthann will be remembered, among other things, for the wonderful social events during 08 and 09 when she was co-chair of the Social Committee. Mama Mia, how can we forget that wonderful spaghetti and the eggplant parmigiana that she cooked in copious amounts for those of us attending the Italian night parties.

And let's not overlook Kenny's contributions to our Village. He served on the Finance and Budget Committee for many years and was so helpful in other ways as well.

So they have sold their condo and bought another in Vero Beach, Fl. We'll see them around town until the end of the year when Kenny will officially retire, and maybe once in a blue moon they will drop in here when they come back to New England to visit their children. We surely hope so!



PHOTO: DAVID AULD

## UP THE HILL AND AROUND THE BENDS

### Stones Still Available

There are still lots of them near 31 Sandstone. These are useful for drainage areas such as downspout runoffs, etc. Help yourself, but do your back a favor and don't try to take too many at one time. They may be small, but they are heavy little buggers.

### Say FRESH, Say FUN, Say What a TREAT! Westford's Farmers Market on the Common

Take advantage of this wonderful farmers market every Tuesday from 2:30-6:30 from now until Oct. 26. You'll find all sorts of locally grown produce as well as fresh flowers, cheeses, breads, honey, and some speciality foods, and even demos. And besides, it's socially fun.

### Paper or Plastic?

You would think the grocery stores could settle on something themselves instead of this sudden "paper or plastic?" every time I check out. This just knocks

me for a loop, so I just toss it back to them now. I just say "doesn't matter to me. I am bi-sacksual." Ok, let them stare!



### A Timely Tip from Cathy Shreve

"To get fruit juice and berry stains out of clothing, pour boiling water on the stain. It disappears like magic. That is so counter intuitive to me since hot water is supposed to set stains, but it works like a charm. Of course it is possible I am the last person on the planet to know this; just in case I'm not, I thought I would pass it along."

### Under or Over?

Do you roll under or over? When you're at someone else's house, if it's not your way, do you change it to suit yourself?

## CRAFTY LADIES

by Harriet Shanzer

What started out in 2004 as a very small group of knitters (three) has now grown to seventeen+. We were a small group that met in the evening. For awhile we tried meeting in the afternoon, then back to the evening hoping for a larger turnout. In 2007 we did a Daduza (comfort) dolls project for the AIDS orphans in Africa. Our group made close to 23 dolls. Thenceforth we decided to stay with Monday afternoon meetings.

Why did we start out as a knitting group? Knitters across the world say that knitting is simply the best therapy. It is thought that stress can cause or exacerbate up to 90% of medical conditions. It is already known and accepted within the medical profession that occupied people feel less pain and depression, so that seemed to be a good starting point. The rhythmic repetitive movements of knitting are thought to induce a form of meditation. It is a state of mind when you are not mulling over the past or fretting about the future.

We have evolved into a needlecraft group as some have decided to bring out their other needlework UFO's (unfinished objects), and word has spread that we are not just knitters. We have grown to seventeen+ crafty ladies. Some of us knit, while others crochet, needlepoint, cross stitch, quilt and embroider. Joyce Minosh came in one day knitting socks. Next thing several people wanted to learn and now we might even have knitted enough socks for the entire VSR community. Socks are being knitted by both new and veteran knitters. New methods are tried: four or five needles or just one long needle. Carole Shyavitz brought in a sweater that she had finished, and now several women are making the sweater for themselves. New ground is being broken by many.

We welcome all needle art enthusiasts. We offer support for any new project, and remember that supportive friends help us to live longer, healthier, happier lives. We meet on Monday afternoons from 1-3 and welcome drop-ins.

### Comments by Carlene Craib

When Carlene was asked about the beautiful quilt we see pictured here, she said "It is a crib quilt that I started in May and have worked pretty obsessively on it. I am having a new grandchild (the MT contingent) in late August, and we don't know the gender so I wanted it to be suitable for either. It was meant to be a sampler that would encourage the maker to use a variety of sewing machine techniques, and that really appealed to me. I learned to do pin tucks, chenille, bobbin work, circular sewing among other things. Some of it was quilted before appliques were put on. The bear and lamb are fleece.

I used nearly all scraps from my "stash" and only had to buy the backing and some of the border colors. I am working on the quilting now and hope to have it done by early August to send it out to Montana. It was the most fun I have ever had doing a quilt."

### Carole Shayavitz Adds

"It was Harriet who started this knitting group back in '04. From time to time we leave our needles and VSR behind and venture to other places. In May we went to Dahlia's in Bedford for lunch, and this Monday (July 12) we're headed to Nashua. First stop is Ewe'll Love It – a favorite yarn shop of several members. Then we'll enjoy lunch at The Seedling Cafe."



PHOTOS: DIANNE MARSTON

## LIBRARY NEWS



by Linda Anzivino

*"I have always imagined that Paradise will be a kind of library."*

-Jorge Luis Borges

Here is a tidbit that I recently read in a women's magazine: "Spending just six minutes reading can reduce your stress levels by more than two-thirds, reveals research out of Britain's University of Sussex. In fact, the researchers report that reading calms frazzled nerves faster than listening to music, going for a walk or sipping a cup of tea!"

Over the past few weeks more than forty new books have joined the VSR library. (Thank you Louise O'Donnell and others.) That means that over forty have also departed! If you haven't checked in for awhile you might be pleasantly surprised at some of the finds.

Shreeniwas Jawalekar has donated a copy of his book *Open Drops to Open Heart!* Congratulations and thank you, Niwas. Many people in the village have read it, so try to catch it in the short time it hits the shelves.

If any of you will be near the Washington, D.C. area here is something you might want to know about. The 10th annual National Book Festival, organized and sponsored by the Library of Congress, will be held on Saturday, September 25, 2010 on the National Mall (between 3rd & 7th streets) from 10:00AM to 5:30PM. The festival, a celebration of the joy of reading for all ages, is free and open to the public.

## AN EVENING WITH MARK POULIN AS ROY ORBISON

Skip and Pauline have done it again. They are bringing entertainment to our clubhouse – a talented musician named Mark Poulin who will perform a tribute to the late Roy Orbison. In comparison with the Rod Stewart show, this will be more low-key with Mark singing many of Orbison's dark, emotional ballads such as *Crying* and *Only the Lonely*, but he'll also do some of the more upbeat like *Pretty Woman* and *You Got It*. Orbison's music dates back to late 50's and early 60's. He is considered one of the all-time most popular and iconic American rock & roll artists. Mark has been performing his Roy Orbison tribute for over 15 years. His renditions of Roy visually and vocally are eerily accurate.

Mark is an excellent musician in his own right. He splits his time between performing and song-writing. He plays drums, guitar, bass and keyboard as well as doing all the vocals, and his songs have been recorded by many well-known artists. You may also expect him to sing *Running Scared*, *Pretty Paper*, *It's Over*, and *Dream Baby* among others.

Watch the bulletin board for the early sign-up sheets. We will need to know the number of people in order to determine how the clubhouse will be set up. The cost is expected to be only \$15 per person. Circle Tuesday, October 5 on your calendar now.

# Welcome

We wish to welcome to the  
Village of Stone Ridge our new neighbors

**Dick and Ruth Coleman**  
23 Sandstone

THE VILLAGE AT STONE RIDGE  
PROUDLY PRESENTS...  
"AN EVENING WITH ROY ORBISON"  
**MARK POULIN**  
PERFORMING ROY ORBISON'S GREATEST HITS LIVE ON STAGE

**TUESDAY OCT. 5 2010**  
COCKTAILS: 7:00 PM  
SHOWTIME: 7:30 PM  
EVERYONE WELCOME!

THE ULTIMATE  
**ROY ORBISON TRIBUTE**



## FIRE UP THE GRILL AGAIN, DOM AND PETER

by Shirley Chambers

Lots of red, white and blue decorated our clubhouse as well as the torsos of many of the 60-some residents attending this July 4th celebration. The grillers went to work pronto cooking the hamburgers, turkeyburgers, hot dogs and sausages to quell our hungers. All the side dishes brought by residents were very tasty, and many were healthy as well. We surpass ourselves at every cookout. And when the desserts were put out, the temptations were just too much for some to resist.

Keeping with the July 4th theme, Kathy Abate created a dessert torte resembling our American flag with strawberries, cream cheese and blueberries providing the appropriate colors.

Apparently our Social Committee, so ably directed by Loretta, Kathy, and Joyce (just back from Spain), pulls some strings with Mother Nature ensuring that we have winning weather for all of our cookouts (thanks, Mom). Tables were set up both inside the clubhouse and out on the patio. Many preferred to stay in the air conditioning on this hot languorous afternoon. Once again, thanks Social Committee and you willing furniture movers; what would we do without you?





PHOTOS: SHIRLEY CHAMBERS



## **TOO OFTEN WE DON'T APPRECIATE A GOOD THING UNTIL WE NO LONGER HAVE IT**

*by Shirley Chambers*

In this case the “good thing” is Friederike Heiter and her responsibility for checking the clubhouse after a rental. She has performed this task from the time it was first determined that we would rent our clubhouse for private use by unit owners (some five or six years ago). Enough is enough! It was time for her to bow out (with our many years of thanks). The call has gone out for volunteers to take on this responsibility in her place. Unfortunately, we don't have a lot of people vying for this job. Without the “checkers” we can't continue to rent the clubhouse. And that would be a darn shame.

Taking on this responsibility would involve spending a few minutes after a rental inspecting the clubhouse to see that all is clean and in order, and completing a checklist of items. If all is satisfactory, then Great North is so informed and they return the renter's

deposit. If the clubhouse is not left in satisfactory condition, the renter has to be called to task. Fortunately, it is nearly always left in good condition.

So here we are looking for people willing to take on this responsibility. Thus far no one has wanted to do it on a continuing basis, so our search goes on. Larry and Linda Anzivino have volunteered to take care of July and August rentals. We need more people who are willing to spend a few minutes completing the checklist. In the last issue of the Bulletin Bob Eddy authored a wonderful article praising volunteerism in our Village. Where are you now volunteers?? If you are willing to take a turn, please contact Loretta Auld at 978-692-0471 or [auld@fas.harvard.edu](mailto:auld@fas.harvard.edu).

Joan Roy has agreed to be our “point person,” and she will take care of contacting the applicants and Great North regarding the rentals.

# Simply Social

Cathy Abate, Loretta Auld, & Joyce Minosh,  
Tri-chairs

Please note that some changes in social events and dates have been made since our last bulletin.

- August 22 - Ice Cream Social
- September 6 - Labor Day Cookout
- September 25 - Drop-in Coffee
- October 5 - An Evening with Roy Orbison
- November 13 - Chili Challenge
- December 11 - Holiday Party
- December 31 -New Years Eve Event

Especially exciting is "An Evening with Roy Orbison" on Tuesday, October 5 at 7:00 pm. Be sure and watch for the sign-up for this event, and THANKS to Skip Giles for organizing this for us.

We will be having a contest (with prizes) during the Ice Cream Social on Aug. 22nd. Between now and then please think of something about yourself that nobody knows (your spouses are not allowed to guess). Write it down on a piece of paper, and these will be put into a basket. During the event, they will be read by the emcee, and it's the audience's job to guess who wrote it. Examples: I spent an afternoon in a hotel room with George Bush, Sr... OR I streaked through a football game... OR I dated Roy Orbison before he became famous. These are just samples; you have some time to think about it.

-Reported by Joyce Minosh

## COFFEE FILTERS

Coffee filters – who knew! And you can buy 1,000 at the Dollar Store for almost nothing

- Cover bowls or dishes when cooking in the microwave.
- Clean windows and mirrors - they are lint free so leave windows sparkling.
- Protect your good china by putting a filter between each plate.
- Filter broken cork from wine.
- Stop the soil from leaking out of the drainage hole in a plant pot.
- Put a few on a plate and put your fried bacon etc. on them. Soaks out all the grease.
- Keep a few in the bathroom. They make great razor nick fixers.



by Dianne Marston

I am always encouraged when people tell me that even though they haven't attended the book discussions, they have enjoyed reading the books, but don't like the feeling of needing to finish a book by a certain date – too reminiscent of a school assignment! However, in the event that you do read a book choice and are available to join us, you would be most welcome whenever you can come. Regular attendance is not a prerequisite.

At the recent book club meeting we were informed by Linda Anzivino (our faithful recorder) that as a group we have read and discussed 50 books. Quite remarkable! We also commented that individually our reading repertoire has expanded, because we have read books that we otherwise might not have been exposed to or would not have chosen on our own.

During the discussions we appreciate and are sometimes challenged by insights and opinions offered by others. We have an opportunity to become much better acquainted with our friends and neighbors, both through discussions and during the time of refreshments! These are a few of the many benefits of attending book club.

The August 19th meeting will feature the book *The Red Thread* by Ann Hood.

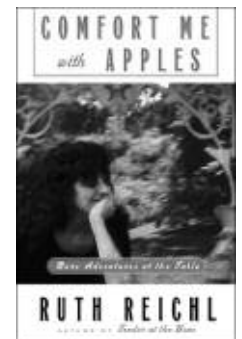
On September 30th we will discuss *Comfort Me with Apples* by Ruth Reichl.

Please see the flyer in the mail room for more details or read reviews of the books online.

VSR



NEWS



## THE QUARRY BULLETIN STAFF

### Property Management

ELAINE DEVLIN

### Managing Editor

SHIRLEY CHAMBERS

### Production Manager

NANY DIAZ

### Contributing Writers

LINDA ANZIVINO

SHIRLEY CHAMBERS

DIANNE MARSTON

JOYCE MINOSH

HARRIET SHANZER

The Quarry Bulletin is a Bi-monthly newsletter to keep you informed of any events and information for The Village at Stone Ridge.

Contributing writers please send copy by e-mail to: SS.Chambers@comcast.net or direct mail to: 14 Stone Ridge, Westford, MA 01886.