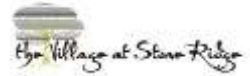




Quarry Bulletin

May - June, 2021



On Memorial Day...

~with thanks to Frank Bashore

Our Memorial Day celebration began a more normal social life here in our village with the official reopening of the VSR Clubhouse after more than a year of Covid restrictions. On the last Monday in May we gathered to honor the men and women who so bravely risked life and limb in the face of grave danger in defense of our country. We remember those who left the comforts of home to fight for us and our freedom and never returned.

In the words of Frank Bashore, “To recognize their service and sacrifice, we must ensure these individuals are never forgotten, and that their actions stay alive in our memories and in our hearts. We must remember among the food and drink and camaraderie we share here today that this is the real reason we are gathered here.”

While observing a moment of silence in honor of those brave men and women we also recalled the cherished friends and neighbors we have lost here in our village this past year, Charlotte Demetri, Dolores Haley, Joe Norton and Joan Roy.

The flag that flies at VSR today was originally flown at the US Capital in Washington DC and presented to Shirley Chambers by the late Senator Paul Tsongas. It was Shirley's gift to the Village.



Clubhouse is now open to all

~submitted by Larry Anzivino



Over the years many residents have invited a close friend or companion to the various VSR events. We are now happy to say that you can resume inviting them once again, as the clubhouse restriction for not allowing outsiders has been lifted.

In regards to the exercise room, there are no limits to the number of residents that can be in there exercising at one time, as long as they have a signed *Waiver of Liability* on file.

Only one final restriction remains, that of not allowing any rentals until further notice.

And so it was open on Memorial Day...

with picnic lunches and beverages in hand, music provided by our own talent, a little rain didn't deter many from joining in.



And, let's all exercise...

Mid-year Health Resolutions!

~ submitted by Susan Hill



We have a lot to look forward to these summer months with a return to outside activities and being with our families and friends again. Those who made winter New Year's Resolutions for Health have enjoyed the VSR exercise offerings. Many have reported greater strength, balance, and overall health during the winter months when we were challenged by the pandemic. It's never too late to start and never too late to support yourself in a healthy life plan. We welcome newcomers all the time. You do not have to wait until the start of a new year. Resolutions work in July, too!

The Exercise Room at the clubhouse has been cleaned, some painting was completed and there is an air filtering system in the room for your use.

Prerequisite: VSR residents and any accompanying guest must sign an exercise room waiver to use the gym facilities. The ***Waiver of Liability*** form can be downloaded at <https://www.villageatstoneridge.com/forms> or for a printout contact Sandy Kelly or Susan Hill. Once filled, you can return it to Sandy at 10 Sandstone, or Susan at 4 Highland. *Seize the day!*

We have 7 Class Offerings:

NEW - FREE CLASS IN THE CLUBHOUSE - Walking Class

Now that the clubhouse exercise room is reopened, we are reinstating the Walking Classes. Using a variety of enjoyable walking DVDs, this class is low impact and perfect for a beginner or someone wanting to get that heart rate moderate-intensity exercise that can be easily incorporated into your daily life. Simply walking more often can provide excellent health benefits, including a decreased risk of disease and improved mood. And, it's a lot of fun with your village peers.

Class Times: Monday and Thursday mornings (9:00 – 9:45 am) in the clubhouse exercise room

Start Date: Monday, July 12

The following classes will continue on Zoom during the summer.

Fusion

This class is a blend of cardio (to increase your heart rate and improve your cardiovascular system using simple moves), strength (using either free weights, body weight resistance or resistance tubing to build muscle) and stretching (to gain and/or maintain flexibility). Great for all levels as personal modifications can be made easily. Class exercises may vary weekly.

Class Times: Tuesday evenings (6:15 – 7:00 pm) and Saturday mornings (8:30 -9:15 am)

Chair Yoga

Chair yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support. It is appropriate for beginners, adapted to your experience and skillset as well as experienced yogis.

Class Times: Tuesday afternoons (1:00 – 2:00 pm)

Yoga

There are many benefits from a gentle style of yoga which aim to unite the mind, body, and spirit. Yoga helps with flexibility and realignment and stretches muscles through holding poses and using breathing techniques. Yoga also helps calm the mind by releasing the days' activities as you concentrate on poses that require you to stretch and bend in standing, sitting, and lying positions. Many people experience a sense of greater well-being after just one class.

Class Times: Wednesday and Friday mornings (9:00 – 10:00 am)

New students get one free class: “Try us – you’ll like us” before committing.

If you have questions or would like to speak with one of our instructors, please contact:

Susan Hill

susan.hill1622@gmail.com

978-692-0472

Property Committee

~from our Property Chair Dick Martel

Please note that our new Evergreen Management Maintenance contact person is Susan Ptak. Susan now takes the position held by John Laudate. Welcome Susan.



May 1st Work Play Day:

There wasn't any 'play' part of this day due to covid restrictions but over 30 volunteers joined together to clean out brush around the quarry, along the exit road and on the trails. Bits and pieces of trash were removed from all around the property and a large number of pavers were replaced from damaged walks. In addition, 6 bulkheads were painted by one of our volunteers. And, a number of porches with loose or damaged boards were identified, about half have been repaired.



This intrepid group of villagers finished spring cleanup of our trail system today. Thanks to Paul Currier, Doug Keele, Frank Bashore, Bob Eddy and Fred Palmer and Doug Craib for their efforts on the Pond Trail.

They were approached by one home owner thanking the Property Committee for keeping the trails in good shape. She said that the trails were one reason they moved into the Village at Stone Ridge.

Also.... A large beaver dam had blocked the drainpipe under "our" pond down at the bridge. A new drain hose and screen enclosure have been installed. The new system seems to be working well. The water level in the pond has dropped at least a foot and water under the bridge is flowing well.

Budget Planning Ahead... Property Committee anticipates proposed budget increases coming up later this summer. Our aging infrastructure and our aging volunteers are going to require more attention. The bridge wall needs unanticipated repairs, it was determined that the 5 detention pond sumps have never been cleaned, and the steps leading to the exterior door of the exercise room need attention. The committee is still in search of a co-chair to work with Dick Martel and a person to oversee the Irrigation System. (A job description for this position is below.) We are looking toward delegating more of the village's maintenance and responsibilities over to our management company, Evergreen. If you have any desire to volunteer for one of these positions, now is the time.

VSR Irrigation Coordinator Job Description

- Act as prime contact with the Irrigation contractor for the Property Committee / Board of Trustees.
- Monitor contractor performance to Irrigation contract requirements.
- Report monthly on Irrigation activity.
- Review owner requests for additional Irrigation heads with contractor and make a “yes/no” recommendation. (If approved, installation cost is billed directly to owner. Future maintenance is VSR responsibility.)
- Support system documentation updates.
- Prepare yearly Irrigation budgets including maintenance estimates and system improvement needs.
- Monitor spending to Irrigation budget items.

But, oh that Garden Party!!!!

Our neighbor Luise Sandholm always welcomes neighbors to come visit her garden behind 19 Sandstone but this year she literally invited the whole neighborhood! All you needed to bring was your folding chair and she treated all to a catered spread of salads, sandwiches, beer and wine. Even the good weather came, sunny, not too hot and no rain!



Thank you very much Luise and Harry.

Upcoming Events



Those of us who have lived here in VSR for a while were very saddened to learn of the passing of our beloved Bill Nussbum on June 23rd. Not only was Bill well known and very involved in our village as a past President, Chair of the Legal Committee and the Insurance Subcommittee, but he was one of the founding members and the Vice Chair of the Town of Westford's Economic Development Committee and a Corporator of Emerson Hospital. His complete obituary is available online at Blake Funeral Home and in the clubhouse.

All are invited to a *Celebration of Bill's Life* - Reception to be held Monday, July 12 from 4-6 pm at Skymeadow Country Club in Nashua, New Hampshire. Donations are welcomed in Bill's name to the Emerson Health Care Foundation, 133 ORNAC, Concord, MA 01742, for the benefit of the Cancer Center.

Board of Trustee Elections...

This year there are two board positions to be filled as follows:

- ⇒ A three (3) year term currently held by Larry Anzivino
- ⇒ A three (3) year term currently held by Tom Sangiolo

Both of these terms will become new three-year terms and all unit owners are invited to consider becoming a candidate or to nominate a candidate. Nominations will be accepted July 21 to August 25, 2021 by e-mail to our Election Commission Chair, Sarah Crissey (srcrissey@verizon.net) or you may put your nomination in the locked box in the clubhouse foyer.

Candidates accepting a nomination will be asked for a brief written bio for the next Quarry Bulletin and will be invited to participate in our Candidate's Night introduction and Q&A session at the Clubhouse on September 8th.

One ballot per unit will be mailed to your house and your vote is weighted by the percent interest in VSR of that unit. Candidates receiving the highest number of weighted votes will fill the designated positions. The results will be announced at the Annual Meeting on September 29, 2021, and the newly elected Board will meet on October 26, 2021.

Save the Dates: Candidate's Night, Wednesday, September 8 at 7:00 PM
Annual Meeting, Wednesday, September 29, 2021 at 7:00 PM

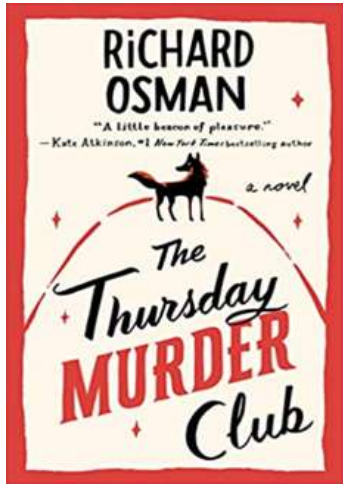
Social Calendar Dates: Details will follow

- | | |
|------------------|---|
| July 25 - 1PM | Picnic in the Park |
| August 18 - 5 PM | Pizza at the Pond (Forge Village) |
| Sept 6 -12 PM | Labor Day Cookout |
| September 14 | Men's Steak n Ale Night, Ladies Night Out TBA |
| Oct 9 - 6:30 PM | Jimmy Mazz Concert |
| Nov 18 - 5:30 PM | Thanks for Giving Dinner to support the Food Pantry |



BOOK CLUB NEWS

By Dianne Marston

On Thursday, July 8, we will discuss *Book One: The Thursday Murder Club* by Richard Osman. In a peaceful retirement village, four unlikely friends meet weekly in the Jigsaw Room to discuss unsolved crimes; together they call themselves The Thursday Murder Club. Elizabeth, Joyce, Ibrahim and Ron might be pushing eighty but they still have a few tricks up their sleeves. When a local developer is found dead with a mysterious photograph left next to the body, the Thursday Murder Club suddenly find themselves in the middle of their first live case. As the bodies begin to pile up, can our unorthodox but brilliant gang catch the killer, before it's too late?

The August 19 meeting will feature *When Harry Met Minnie: A True Story of Love and Friendship* by Martha Teichner.

"When Harry Met Minnie is the sad but beautiful story between two women, Martha & Carol and their Bull Terriers, Minnie & Harry. A chance encounter with an old acquaintance brought Carol and her sweet boy, Harry, into Martha's life. Carol, who is fighting cancer with little time left, needs a home for Harry. This is where Martha and Minnie come in.



A memoir of love and loss, of being in the right place at the right time, and of the mysterious ways a beloved pet can bring people together, from CBS Sunday Morning News correspondent and multi-E Emmy-Award-winning Martha Teichner." [Goodreads.com]

All are welcome to join our discussions.

WELCOME TO THE
Neighborhood

Pamela Bishop & Bob Spinosa
7 Stone Ridge Road
AND
Ina Pollock
1 Gatecrest Road



Coffee & Donuts at the Quarry - June 13th

MARK YOUR CALENDAR

Consult the VSR Calendar for the latest updates and information.
villageatstoneridge.com

Weekly starting July 12 in the clubhouse exercise room.

⇒ Monday and Thursday at 9 AM
Exercise with Walking Tapes

⇒ Exercise Classes on Zoom:

Tuesdays 1 PM Chair Yoga
Tuesdays at 6:15 PM. Fusion
Wednesday and Friday at 9 AM
Yoga
Saturday at 8:30 AM Fusion

**CONTACT PERSON:
SUSAN HILL**

⇒ Weekly starting July 9 in the Clubhouse

At 6:30 PM Poker Night

**CONTACT PERSON:
KEN HYLE**

⇒ Continuing on Zoom
Knitting Group, Mondays at 1 PM
**CONTACT PERSON:
HARRIET SHANZER**

⇒ Book Discussion Group
Check the online calendar-
Thursdays at 1PM
Monthly on Zoom
**CONTACT PERSON:
DIANNE MARSTON**

**Our VSR Phone & Photo Directory is available online at our website.
For Passwords contact
vsrsecretary@gmail.com**

Look Who's Coming to Dinner, or was that breakfast?



**GOT QUESTIONS?
GET ANSWERS:**

vsrsecretary@gmail.com



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The Quarry Bulletin is a bi-monthly newsletter to help keep you informed about events and information at The Village at Stone Ridge.

*Email articles and photos to
quarrybulletin@gmail.com*

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